

Women's Health Grampians Integrated Health Promotion Strategic Statement 2009-2012

VISION

Creating opportunities for women to lead healthier lives

Women's Health Grampians work is guided by feminist philosophy, underpinned by the social model of health and a human rights approach with a commitment to continuous quality improvement and to advocating for rural and regional women of the Grampians.

See WHG Strategic Directions 2009–2012 for more information.

PRIORITIES

1. Violence Against Women
2. Sexual and Reproductive Health
3. Gendered Advocacy

Priority 1: Violence Against Women (VAW)

Evidence:

- Wimmera and Grampians Pyrenees Women's Health Action Plan
- DHS priorities
- *The health costs of violence. Measuring the burden of disease caused by intimate partner violence* (VicHealth report)
- *National Community Attitudes towards Violence Against Women 2009*
- *Women's Health Matters: From Policy to Practice 10 point plan for Victorian Women's Health 2006–2010*
- Women's Health Victoria – www.theindex.org.au
- Victorian Police Strategy to reduce Violence Against Women and Children
- An Assault on Our Future: The impact of violence on young people
- City of Ballarat Community Action plan 2008–2013
- Australian Covert Bullying Prevalence Study

Priority 2: Sexual and Reproductive Health (S&RH)

Evidence:

- Grampians Pyrenees and Wimmera Women's Health Action Plan
- VCCR Statistical Report 2008
- VCCR Evaluation of Pap test taken by Nurses in Victorian in 2008
- BreastScreen Victoria data
- CHPCP Community Health Plan
- Burden of Disease Report 2001
- DHS priorities
- DHS notifiable disease data – STIs 2009
- Women's Health Victoria – www.theindex.org.au
- National Survey of Secondary Students and Sexual Health 2008
- *Women's Health Matters: From Policy to Practice 10 point plan for Victorian Women's Health 2006–2010*

Priority 3: Gendered Advocacy

Evidence

- Grampians Pyrenees and Wimmera Women's Health Action Plan
- PCP planning data
- Consumer feedback from Ballarat's Great Women project
- *Because mental health matters – Victorian mental health reform strategy 2009–19*
- *Women's Health Matters: From Policy to Practice 10 point plan for Victorian Women's Health 2006–2010*
- Women's Health Victoria – www.theindex.org.au

Goal:

To reduce violence against women in the Grampians region

Objective 1:

To increase the capacity of young people in the Grampians region to minimise the impact of /prevent cyber bullying through cyber safety initiatives.

Strategies:

1.1 Being savvy in cyber space

Objective 2:

To increase community capacity in the Grampians region to respond to and minimise negative health and wellbeing impacts of violence against women

Strategies

2.1 White Ribbon Day

Objective 3:

Participate in a range of networks and IHP initiatives to support women experiencing family violence

Strategies:

3.1 NILS

3.2 FVPN across region

3.3 Community safety committee — City of Ballarat

3.4 Relevant IHP initiatives

Goal:

To enhance the sexual and reproductive health of women and their families in the Grampians region

Objective 1:

To engage all Wimmera, Grampians Pyrenees and Central Highlands PCP members and relevant organisations in the development of a S&RH Strategy

Strategies:**S&RH strategy**

1.1 Development of the regional S&RH Strategy

1.2 Development of an IHP plan linked to CHPCP priority of S&RH and guide and advise issues of gender and reproductive health in Wimmera and Grampians Pyrenees PCP

Objective 2:

To provide collaborative S&RH IHP initiatives

Strategies:

2.1 Well Women's Service

2.2 Coming clean about Chlamydia

2.3 S&RH networks/committees

2.4 Women's health community education

Goal:

To strengthen the capacity of organisations to meet the health and wellbeing needs of women in the Grampians region

Objectives 1:

To increase and support leadership opportunities and networks for women

Strategies:

1.1 Women's leadership programs/networks

1.2 Women's Network Grampians

1.3 AWHN

1.4 Local government initiatives

Objective 2:

Support social connection and recognition of women's contribution

Strategies:

2.1 IWD

2.2 Ballarat's Great Women

2.3 Local Government projects

Objective 3:

Participate in appropriate networks: (local, state and Federal) in order to be responsive to emerging issues, gather evidence and advocate to influence systems change to improve women's health outcomes

Strategies:

3.1 Women's Health Associations Victoria network

3.2 Australian Women's Health Network

3.3 Relevant initiatives

Year 1:

- Identify collaborative partners for consultation
- Consult with relevant partners and provide advice, guidance and capacity building to in relation to gender and VAW
- Ongoing monitoring and evaluation

Year 2:

- To continue to collaborate with relevant partners and provide advice, guidance and capacity building to in relation to gender and VAW
- Develop and implement IHP projects
- Ongoing monitoring and evaluation

Year 3:

- Provide advice, guidance and capacity building in relation to gender and VAW
- Ongoing monitoring and evaluation

Partners:

- University of Ballarat (UB)
- Ballarat High School (BHS)
- Department of Education and Early Childhood Development (DEECD) and schools
- Youth Headquarters (YHQ)
- Victoria Police
- CAFY
- RYANs, WRYAN, GPRYAN
- PCPs
- Women in the Grampians Region

Ballarat White Ribbon Day committee

- CAFS
- WHG
- WRISC
- CASA
- Uniting Care
- Zonta
- SFYS
- MP's office
- FVPN
- 2010 – City of Ballarat
- 2010 – VIC police
- Canberra WRD
- National WRD

Year 1:

- Identify collaborative partners for consultation
- Consult with relevant partners and provide advice, guidance and capacity building to in relation to gender and S&RH issues and particularly for the S&RH Strategy
- Ongoing monitoring and evaluation

Year 2:

- To continue to collaborate with relevant partners and provide advice, guidance and capacity building to in relation to gender and S&RH issues and particularly for the S&RH Strategy
- Develop and implement IHP projects
- Ongoing monitoring and evaluation

Year 3:

- Use the S&RH strategy to develop a regional IHP plan
- Develop links between the regional IHP S&RH plan and the implementation of the CHPCP S&RH priority
- Provide advice, guidance and capacity building to Wimmera, Grampians Pyrenees PCP and members in relation to gender and S&RH issues
- Advocate with all Grampians region relevant services to incorporate elements of the IHP plan into their work and future planning
- Ongoing monitoring and evaluation

Partners:

- Wimmera, Grampians Pyrenees and Central Highlands PCP members
- DOH
- LGAs
- S&RH Taskforce
- Women's Health Services within Victoria
- Women in the Grampians Region

Year 1:

- Identify collaborative partners for consultation
- Consult with relevant partners and provide advice, guidance and capacity building to in relation to gender and human rights issues
- Ongoing monitoring and evaluation

Year 2:

- To continue to collaborate with relevant partners and provide advice, guidance and capacity building to in relation to gender and human rights issues
- Develop and implement IHP projects
- Ongoing monitoring and evaluation

Year 3:

- Build on year 1 and 2 to increase partnerships, relevance of event/s to women and accessibility to all women.
- Provide advice, guidance and capacity building in relation to gender and human rights issues
- Ongoing monitoring and evaluation

Partners:

- Wimmera Development Association
- Wimmera, Grampians Pyrenees and Central Highlands PCP members
- CASA
- WRISC
- Women in the Grampians Region
- LGAs
- Zonta
- DPCD