



## Alexandra Tascas

Born April 4, 1951, in Geelong

### **Advocate for equality for women**

Alex was the fourth child of Isabella and Dimitrios (Jim) Tascas, her father was Macedonian Greek and her mother of Scots and Cornish descent. This gave Alex the experience of two very different worlds. Hard work and self-sufficiency were the norm at the family home. Leaving school early due to a restless and rebellious nature Alexandra joined the army in 1969 and chose nursing as a career. Spending nine years with the army, Alex rose to the rank of sergeant and spent her last years as a trainer at the School of Army Health. Alex left in 1978 to pursue a civilian career first in nursing and later in federal, local and state government.

A passion for equality for women in all their pursuits was honed over these years. Alex stood for council in Port Fairy wanting to serve the community and stand for a fair and unbiased local government.

Alex served as a volunteer in the State Emergency Service in Port Fairy and was secretary of the local fishing club.

Moving to Ballarat in 1994, Alex has taken on various positions with the Ballarat RSL as a committee member and as part of a team working on accessible garden beds for veterans and their families. She is currently Chair of the Board of Women's Health Grampians who advocate for women's wellbeing in the Grampians Region. She has been a host with Interchange, part of PINARC Disability Services, for six years.

To relax Alex likes to watch Collingwood win and smell the roses on her two acre garden.

In her own words, *"Life has really been good to me, I am so lucky to have such a loving family and fantastic fun loving friends"*.